CAPE ANN

www.capeannvernalpondteam.org


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ST. LAWRENCE

My First Field Guide to Vernal Pools


Massachusetts Edition
By Dr. Kristine Hoffmann
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## Recommended Web Pages

Of Pools and People www.vernalpools.me

Cape Ann Vernal Pond Team
www.capeannvernalpondteam.org

The Vernal Pool Association and Treefrog Educational www.vernalpool.org

Amphibia Web
www.amphibiaweb.org

Northeast Partners in Amphibian and Reptile Conservation www.northeastparc.org/our_products

Cornell Lab of Ornithology
www.birds.cornell.edu

Go Botany
www.gobotany.newenglandwild.org

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Visit www.vernalpools.me for additional copies or for versions specific to other states in the Northeast USA.

## We are so grateful...

The Cape Ann Vernal Pond Team would like to thank artist Dr. Kristine "Kris" Hoffman and the entire team of contributors for this beautiful children's vernal pond field guide and coloring book. This edition was modified by Kris for use in our programs. It is an incredible gift from these creators to all the children in Massachusetts.

The following three pages were contributed by the Cape Ann Vernal Pond Team, a nonprofit volunteer organization located in Gloucester, Massachusetts. They include a description of our programs, along with information about discovering and certifying vernal pools. The Massachusetts version of this book was made possible by the Cape Ann Vernal Pond Team through Victoria Rolf and Richard Roth. To learn more please check out our website.

## www.capeannvernalpondteam.org

Thank you to our friends from Maine!!!

Rick Roth
Executive Director
Cape Ann Vernal Pond Team

## Notes

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## Plants

## Blue Flag Iris



Scientific name: Iris versicolor
Traits: Curvy violet petals with yellow bases; leaves long and pointed
Size: 2 feet tall
Habitat: Moist or wet areas along edges of ponds, lakes, vernal pools, and bogs

CAPE ANN


Our Mission...The Cape Ann Vernal Pond Team is a non-profit volunteer organization dedicated to vernal pond conservation and education since 1990.

Our focus is vernal ponds.
The issue is the preservation of wildlife habitat, which is ultimately about the health of the planet.

For more information contact us cavpt@yahoo.com
check out our website
www.capeannvernalpondteam.org

## Cape Ann Vernal Pond Team Activities

## Presentations and Exhibits

Our live animal presentations and exhibits teach about vernal ponds, snakes, local wildlife and habitat. Introduction to Vernal Ponds stresses the importance of these ponds and the life they support. Snakes of New England and the World teaches about the life cycle of snakes and their features, while allowing participants to see and hold the animals.

## Vernal Pond Certifications and Workshops

We certify vernal ponds through the Massachusetts Division of Fisheries and Wildlife to give them the same protection as other wetlands. We map, collect data, and apply for online certification. Join us for a workshop to see how you can help.

## Vernal Pond Field Trips

We offer field trips on peak nights in the spring when ponds are filled with salamanders and singing frogs. In summer we see young amphibians transition from life under water to life on land. These migrations are something to behold.

## Vernal Pond Scouts Patch Program

Learn about local ecology! Patch steps include learning what a vernal pond is, how animals use the ponds, and how to protect them in Massachusetts.

## Conservation Work

We work on a number of Federal, State, Local, and Private conservation projects including animal relocation, trapping, and wildlife surveys. Data is gathered and shared with state and federal agencies.

## Featherfoil



## Scientific name: Hottonia inflata

Traits: Thick green stems above water; white flowers; feather shaped leaves floating underwater

## Size: Up to 2 feet tall

Habitat: Only in vernal pools

## Plants

## Meadowsweet



## Scientific name: Spiraea alba

Traits: Shrub with toothed green leaves, many small white
flowers in cone shape clusters
Size: 3 feet tall
Habitat: Rivers, vernal pools, ponds, and other wet areas

## Discovering and Certifying Vernal Pools

Vernal pools are confined, small, shallow, freshwater, temporary fishless wetlands that have a unique ecology. In addition to the species that depend on the these ponds for survival, there are many other invertebrates, amphibians, reptiles, birds, and mammals that rely on vernal ponds for food.

The spotted salamander, blue-spotted salamander, Jefferson salamander, marbled salamander, wood frog and fairy shrimp require vernal pools to survive in Massachusetts. On Cape Ann these wetlands are home to spotted salamanders, wood frogs and fairy shrimp. In the spring, spotted salamanders and wood frogs migrate to these ponds to breed. Most of them will return to the same pond every year. Fairy shrimp spend their entire life cycle in vernal pools.

Cape Ann Vernal Pond Team members work to protect vernal ponds because they are so important. Team members map and collect data for certification. We also teach individuals and community groups how to certify vernal pools so more of these pools can be saved.

Finding vernal pools is a great way to get outside and make new discoveries. By getting into nature with your family or school group, you may decide to help protect these wetlands someday.

To learn more go to www.capeannvernalpondteam.org
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## Winterberry



Scientific name: Ilex verticillata
Traits: Shrub; smooth grey bark; leaves toothed; red berries present in fall and winter
Size: Up to 10 feet tall
Habitat: Forested wetlands, vernal pools, and along shorelines of lakes and ponds


## Scientific name: Acer rubrum

Traits: Tree; leaves are broad and have 3 to 5 lobes; leaf
stems can be red and attached opposite of another stem
Size: Leaves 2 to 6 inches wide
Habitat: Most common in wet forests
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Вовсат


## Scientific name: Lynx rufus

Traits: Brown to orange with black spots; short tail with a
black top; white muzzle, blotches around eyes, and belly
Size: Up to 3 feet long, 2 feet tall
Habitat: Forests and swamps

## RACCOON



Scientific name: Procyon lotor
Traits: Brown with dark mask, white eyebrows and muzzle,
black and brown striped tail
Size: 2 to 3 feet long, 1 foot tall
Habitat: Forests, fields, and neighborhoods

## What Is a Vernal Pool?

Vernal pools are shallow wetlands with still water that dry up each year or every few years. Fish cannot live in these temporary wetlands, but some amphibians and fairy shrimp can only reproduce or live in these small pools.


## Salamander Eggs and Larvae

Vernal pool amphibians lay eggs in clusters called egg masses. Spotted Salamander egg masses have an outer jellylike layer. The developing salamanders look black inside the clear or cloudy white jelly. Larvae hatch from the eggs. Their gills look like feathery ears.


## Red Fox



## Scientific name: Vulpes vulpes

Traits: Red to gray body, white muzzle, black feet; ears are white on inside and black on back

Size: Up to 5 feet long, 1.5 feet tall<br>Habitat: Forest, fields, and neighborhoods

## White-Tailed Deer



Scientific name: Odocoileus virginianus
Traits: Brown with a fluffy white tail and black nose Size: Up to 7 feet long, 4 feet tall
Habitat: Forests, brushy areas, and nearby fields

## Wood Frog Eggs and Tadpoles

Wood Frog egg masses are the size of baseballs. The developing tadpoles are black in a clear jelly. Hundreds of tadpoles hatch from each mass. They grow legs and lose their tail as they metamorphose into young frogs.


## Blue-Spotted Salamander



Scientific name: Ambystoma laterale
Traits: Black with light blue speckles
Size: 3 to 6 inches
Habitat: Underground or under the leaves in the forest;
sometimes in people's basements; adults lay eggs in vernal pools in the spring and then leave


## American Black Bear



Scientific name: Ursus americanus
Traits: Black to brown with brown muzzle Size: Up to 6 feet long, up to 3 feet tall
Habitat: Forests

## Great Blue Heron



Scientific name: Ardea herodias
Traits: Black cap, yellow bill, grey to blue back, white
throat, long necks and legs
Size: Wingspan up to 70 inches
Habitat: Ponds, swamps, vernal pools, rivers, coasts, and other wet places
Song: Loud squawks

## Spotted Salamander



Scientific name: Ambystoma maculatum
Traits: Yellow spots on a black background; sometimes they have tiny blue dots
Size: 5 to 8 inches long
Habitat: Underground in the forest; sometimes in people's basements; adults lay eggs in vernal pools in the spring and then leave

## Jefferson Salamander



## Scientific name: Ambystoma jeffersonianum

Traits: Brown to dark grey
Size: 4 to 7 inches
Habitat: Underground in the forest; adults lay eggs in vernal pools in the spring and then leave

## Spotted Sandpiper



## Scientific name: Actitis macularius

Traits: Brown back, white belly with brown spots, yellow bill and legs, and white circles around eyes
Size: Wingspan up to 15 inches
Habitat: Shorelines of rivers, ponds, vernal pools, and lakes Song: Series of tweets

## Wood Duck



Scientific name: Aix sponsa
Traits: Males have green heads with white stripes, dark brown chest, light brown sides, and dark brown back; females are brown and have white eye patches and white stripes and blue patches on their wings
Size: Wingspan up to 30 inches
Habitat: Forested wetlands
Song: Whistling

## Marbled Salamander



Scientific name: Ambystoma opacum
Traits: Black body with white or grey bars
Size: 3 to 5 inches long
Habitat: Underground in the forest; adults lay eggs under logs in dry vernal pools in the fall, and the mother stays with them until water fills the pool


## Eastern Newt



Scientific name: Notophthalmus viridescens
Traits: Green or brown with a lighter belly, and a line of red circles along each side; larvae metamorphose into juveniles called "efts" and are orange with red spots
Size: 3 to 4 inches
Habitat: Adults usually live in permanent ponds, but are also found in vernal pools; efts are often found on land in the forest

## Mallard



Scientific name: Anas platyrhynchos
Traits: Females are brown with orange bills and a blue patch on wings; males have yellow bills, green heads, a white neckband, light brown sides, dark brown backs, and black tails
Size: Wingspan up to 40 inches
Habitat: Lakes, ponds, vernal pools, rivers, and streams Song: Quacking

## Barred Owl



## Scientific name: Strix varia

Traits: Dark brown bars on upper chest; dark brown stripes on white or tan belly; back brown
Size: Wingspan up to 50 inches
Habitat: Forests
Song: Hooting in a "who cooks for you?" rhythm

## Northern Dusky Salamander



Scientific name: Desmognathus fuscus
Traits: Dark brown with a faint white line reaching from the eye to jaw; young may be mottled; hind legs are wider than arms
Size: 2 to 5 inches
Habitat: Under rocks and logs along stream edges,
sometimes found near vernal pools

## Four-Toed Salamander



Scientific name: Hemidactylium scutatum
Traits: Brown back and legs, lighter tail, white belly with black "salt and pepper" spots
Size: 2 to 4 inches
Habitat: Under logs and rocks in the forest; adults lay eggs in moss above the water and the larvae drop into the pool when they hatch

## Giant Water Bug



Order: Hemiptera (True bugs)
Traits: Brown or green; large and flat
Size: Up to 3 inches
Habitat: Streams, ponds, and vernal pools

## Damselfly Larva



Order: Odonata (Dragonflies and relatives)
Traits: Brown; long and thin body; "tail" consists of three gills
Size: Up to 2 inches
Habitat: Ponds, vernal pools, bogs, lakes, streams, and rivers

Northern Redback Salamander


Scientific name: Plethodon cinereus
Traits: Most have dark gray sides with a red stripe on their back, but some lack the stripe and some have red sides
Size: 2 to 4 inches
Habitat: Under logs and rocks on dry land; often found near or in dry vernal pools but do not lay eggs in wetlands

## American Toad



Scientific name: Anaxyrus americanus
Traits: Brown, dry, bumpy skin and relatively short legs
Size: 2 to 4 inches
Habitat: Forests, fields, lawns, and wetlands
Song: Long trill (up to 30 seconds)

## Water boatman



Order: Hemiptera (True bugs)
Traits: Brown to yellow with black stripes and long paddle-
like legs
Size: Up to one half-inch
Habitat: Ponds, lakes, vernal pools, rivers, and streams

## Caddisfly Larva



Order: Trichoptera (Caddisflies)
Traits: Brown caterpillar-like bodies surrounded by a case made of twigs, leaves, and stones
Size: 1 to 3 inches
Habitat: Ponds, lakes, vernal pools, rivers, and streams


Scientific name: Scaphiopus holbrookii
Traits: Brown with tan to yellow markings; two lines form an hour glass on its back; bumpy; light belly
Size: 1 to 3 inches
Habitat: Underground in dry and sandy areas; lay eggs in shallow pools that dry quickly
Song: Deep whine sounding like "waaaah" or "eeeh"

## Gray Treefrog



## Scientific name: Hyla versicolor

Traits: Gray, brown, or green with dark splotches; the end of each finger is a suction cup allowing the frog to climb
Size: 2 to 4 inches
Habitat: In trees; often found hiding in pipes and bird houses
Song: Short trill

## Dragonfly Larva



Order: Odonata (Dragonflies and relatives)
Traits: Brown and bulky; large heads and abdomen; short antennae; extendable lower jaw
Size: Up to 1 inch
Habitat: Still or slow-moving water in vernal pools, ponds, lakes, rivers, and streams

Predaceous Diving Beetle Larva (Water Tiger)


## Order: Coleoptera (Beetles)

Traits: Brown with a thick abdomen and large mouth pinchers
Size: 1 to 3 inches
Habitat: Slow or still water in vernal pools, ponds, and streams

## Spring Peeper



## Scientific name: Pseudacris crucifer

Traits: Tiny; dark blotches on their brown back form an "X" and suction cups on their fingers allow the frogs to climb Size: 0.5 to 1.5 inches
Habitat: Forests near ponds, especially brushy areas; lay eggs in pools that stay wet most of the year
Song: Loud, high-pitched peep

## Bullfrog



Scientific name: Lithobates catesbeianus
Traits: Green or brown with a light belly; a ridge reaches
from the eyes to the ears, but not down the back; they can have small spots
Size: 4 to 8 inches
Habitat: Lakes, ponds, streams, and vernal pools; lay eggs in lakes and ponds
Song: Deep bellow sounding like "jug-o-rum"

Mosquito Larva


Order: Diptera (True Flies)
Traits: Brown wriggling body, often resting just under the water surface
Size: Up to one half-inch
Habitat: Still water such as in swamps, vernal pools, ditches, and bird baths

## FAIRY Shrimp



Order: Anostraca (Fairy Shrimp)
Traits: Pink to orange; swim on their back by paddling their legs; females carry eggs on their back
Size: One half-inch to 2 inches
Habitat: Vernal pools

## Green Frog



Scientific name: Lithobates clamitans
Traits: Green or brown with a light belly; ridge reaches from the eyes down the back to the waist; can have spots
Size: 2 to 4 inches
Habitat: Lakes, ponds, streams, and vernal pools
Song: Rubber band twanging or plucked banjo string


## Pickerel Frog



Scientific name: Lithobates palustris
Traits: Brown or green with dark brown rectangles; the bottom of their legs and lower belly is bright yellow to orange
Size: 1 to 3 inches
Habitat: Lakes, ponds, streams, and fields
Song: Low-pitched snore or creaking door

## Common Garter Snake



Scientific name: Thamnophis sirtalis
Traits: Brown or black with yellow stripes; area between stripes is checkered with light and dark squares; light belly; lips have faint stripes
Size: 9 to 25 inches
Habitat: Forests, fields, and swamps; often visit vernal pools to eat tadpoles, frogs, and slugs

## Ribbon Snake



Scientific name: Thamnophis sauritus
Traits: Dark brown or black body with yellow stripes and a light belly; no checkers on their sides nor stripes on their lips
Size: Up to 28 inches
Habitat: Ponds, streams, and swamps; often visit vernal pools to eat tadpoles and frogs

## Northern Leopard Frog



Scientific name: Lithobates pipiens
Traits: Green or brown with dark ovals; the bottom of their back legs is gray or white
Size: 2 to 4 inches
Habitat: Fields, forests, lakes, ponds, and streams
Song: Chuckle or snore

## Wood Frog



Scientific name: Lithobates sylvaticus
Traits: Brown to pink with white lips and a dark brown mask
Size: 1 to 3 inches
Habitat: Wet spots in the forest; lay eggs in vernal pools in the spring
Song: Chuckle or duck-like quack


Northern Water Snake


## Scientific name: Nerodia sipedon

Traits: Brown to gray with brown, black, or red blotches
Size: 24 to 42 inches
Habitat: Ponds, lakes, streams, vernal pools, and swamps; often found basking in sunny spots along the edge of the water; often visit vernal pools to eat tadpoles and frogs

## Blanding's Turtle



## Scientific name: Emydoidea blandingii

Traits: Black shell with yellow streaks that look like dripped paint; yellow chin and throat
Size: Shell 7 to 9 inches
Habitat: Ponds, marshes, and swamps; will stop at vernal
pools to rest before laying eggs on land

## Common Snapping Turtle



Scientific name: Chelydra serpentina
Traits: Brown, with spikes along the top of the tail and back of the shell
Size: Shell up to 20 inches long
Habitat: Lakes, ponds, swamps, streams, rivers; will visit vernal pools to eat tadpoles and insects

## Painted Turtle



Scientific name: Chrysemys picta
Traits: Dark green, brown, or black shell with scales outlined in light brown; underside of the edge of the top shell has red lines outlined in black; yellow belly
Size: Shell up to 7 inches long
Habitat: Ponds, lakes, swamps, and streams; will visit vernal pools to eat tadpoles and insects

## Spotted Turtle



Scientific name: Clemmys guttata
Traits: Black with yellow spots; females have yellow chins
Size: Shell is 3 to 5 inches
Habitat: Vernal pools, swamps, shallow ponds, fields, and forests

